

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate Regional Level

## Sarah Hinchly

This is to certify that Sarah Hinchly has performed to a very high standard in Competition Sport Karate throughout 2017 winning the medals and titles listed below:-

Championship Success - 2 Silver 1 Bronze

**Hull & East Riding Karate Academy Championships** - 18<sup>th</sup> June, Bilton Silver - Individual Kata

**Shindo Kai Karate Championships** - 19<sup>th</sup> November, Barnsley

Silver - Pairs Kata Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2017. Well done Sarah.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







